



Breakfast and Healthy Snacks for Preschoolers

Start your mornings off right with breakfast and continue through the day with healthy choices of snacks. Children and parents (grandparents or caregivers) will participate together having lots of fun making a mess in someone else's kitchen! May want to wear an apron. \$40 material fee due to instructor on the first day of class.

Harding Community Center: Recreation Hall

Instructor: Julie Simpson

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42476	10:00-11:00am	Tu	Sep 15-Oct 20	6c	\$80/\$90

Fall and Holiday Goodies for Preschoolers

Like to bake cookies, smell fall spices and make special holiday goodies? This is the class for your child or grandchild and you. Enjoy the fun together along with practicing measuring and counting. May want to wear an apron. \$40 material fee due to instructor on the first day of class.

Harding Community Center: Recreation Hall

Instructor: Julie Simpson

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42477	10:00-11:00am	Tu	Nov 3-Dec 15	6c	\$80/\$90

Grown Up & Me

This dynamic program is designed to provide socialization for children ages 2-4 along with a significant adult in their life. We will also stimulate all areas of the child's development through art, music, movement and a variety of other hands-on-activities. \$15 materials fee due to instructor the first day.

Calavera Hills Community Center: Gymnasium Court 2

Instructor: Marla Elliott

Age: 2Y - 4Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42497	11:00am-12:00pm	Th	Sep 17-Oct 22	6c	\$60/\$70
42498	11:00am-12:00pm	Th	Nov 5-Dec 17	6c	\$60/\$70

New! Super Moverz

Mighty Super Moverz

This is a dynamic, all around sports program with a well developed curriculum that uses music, super cool games, obstacle courses, and other unique resources to help inspire kids to want to increase their many REAL LIFE powers such as: ball skills, agility, focus, safety, fitness, nutrition, team work and many more.

Calavera Hills Community Center: Gymnasium

Instructor: Wyatt Cameron

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42596	10:00-11:00am	M	Sep 14-Oct 26	6c	\$75/\$85
42597	10:00-11:00am	M	Nov 2-Dec 14	6c	\$75/\$85

Stagecoach Community Center: Gymnasium

Instructor: Wyatt Cameron

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42598	10:00-11:00am	Th	Sep 17-Oct 22	6c	\$75/\$85
42599	10:00-11:00am	Th	Nov 5-Dec 17	6c	\$75/\$85

Mini-Super Moverz

This is a dynamic, all around sports program with a well developed curriculum utilizing music, super cool games, obstacle courses, and other unique resources to help inspire kids to want to increase their many REAL-LIFE powers such as: ball skills, agility, focus, safety, fitness, nutrition, teamwork, and many more.

Calavera Hills Community Center: Gymnasium

Instructor: Wyatt Cameron

Age: 2Y - 3Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42592	9:00-10:00am	M	Sep 14-Oct 26	6c	\$75/\$85
42593	9:00-10:00am	M	Nov 2-Dec 14	6c	\$75/\$85

Stagecoach Community Center: Gymnasium

Instructor: Wyatt Cameron

Age: 2Y - 3Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42594	9:00-10:00am	Th	Sep 17-Oct 22	6c	\$75/\$85
42595	9:00-10:00am	Th	Nov 5-Dec 17	6c	\$75/\$85

Music Moves

All For Fun and Fun For All!

Come join in the fun of Music Moves! Your child will love singing, dancing, and playing instruments, and you'll love seeing your child grow and blossom, knowing that they are being nourished by music and movement activities that are specifically designed to meet their cognitive and overall developmental needs. \$15-20 materials fee due to instructor on the first day of class.

Calavera Hills Community Center: Activity Room

Instructor: Lisa Megrditchian

Age: 2M - 4Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42838	9:00-9:45am	F	Sep 18-Oct 23	6c	\$85/\$95
42840	10:00-10:45am	F	Sep 18-Oct 23	6c	\$85/\$95
42839	9:00-9:45am	F	Nov 6-Dec 18	6c	\$85/\$95
42841	10:00-10:45am	F	Nov 6-Dec 18	6c	\$85/\$95

Stagecoach Community Center: Activity Room

Instructor: Lisa Megrditchian

Age: 2M - 4Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42834	10:45-11:30am	M	Sep 14-Oct 19	5c	\$71/\$81
42836	11:45am-12:30pm	M	Sep 14-Oct 19	5c	\$71/\$81
42835	10:45-11:30am	M	Nov 2-Dec 14	6c	\$85/\$95
42837	11:45am-12:30pm	M	Nov 2-Dec 14	6c	\$85/\$95

Fall Family Fun-fest

Tired of the same old routine? Come join in the fun with Music Moves. The entire family will enjoy musical activities that nourish the mind and the soul. Forty-five minutes jam-packed with opportunities to move and groove. What better way to bond with your children?! \$15-20 materials fee due to instructor on the first day of class.

Senior Center: Dance Studio

Instructor: Lisa Megrditchian

Age: 1Y - 4Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42893	5:30-6:15pm	W	Sep 16-Oct 21	6c	\$85/\$95
42895	5:30-6:15pm	W	Nov 4-Dec 16	5c	\$71/\$81

My First Art Class

Join this, 'I can do it!' class that is fun and creative. Little fingers experiment with painting, gluing, printing, and creating while developing fine motor, language and self help skills. We introduce artists, art techniques, colors, shapes, texture. Each session utilizes varying art materials and new lessons.

Calavera Hills Community Center: Activity Room

Instructor: Abrakadoodle

Age: 2Y - 3Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42583	9:00-9:45am	Tu	Sep 15-Oct 20	6c	\$72/\$82
42585	10:00-10:45am	Tu	Sep 15-Oct 20	6c	\$72/\$82
42584	9:00-9:45am	Tu	Nov 3-Dec 15	6c	\$72/\$82
42586	10:00-10:45am	Tu	Nov 3-Dec 15	6c	\$72/\$82

Stagecoach Community Center: Meeting Room 1

Instructor: Abrakadoodle

Age: 2Y - 3Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42587	9:00-9:45am	Th	Sep 17-Oct 22	6c	\$72/\$82
42589	10:00-10:45am	Th	Sep 17-Oct 22	6c	\$72/\$82
42588	9:00-9:45am	Th	Nov 5-Dec 17	6c	\$72/\$82
42590	10:00-10:45am	Th	Nov 5-Dec 17	6c	\$72/\$82

New! Pee Wee Soccer Academy

Each class is developmentally appropriate with an emphasis on fun, improving individual skills and cooperation. Gross motor skills, soccer oriented movement activities and soccer specific techniques will be carefully introduced with the development of the whole child in mind. Praise and positive reinforcement will enhance each participant's self-esteem.

Poinsettia Park: Soccer Field

Instructor: San Diego Sports Camp

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
43055	9:00-9:45am	Tu	Sep 15-Oct 20	6c	\$60/\$70
43057	10:00-10:45am	Tu	Sep 15-Oct 20	6c	\$60/\$70
43056	9:00-9:45am	Tu	Nov 3-Dec 15	6c	\$60/\$70
43058	10:00-10:45am	Tu	Nov 3-Dec 15	6c	\$60/\$70

Stagecoach Community Park: Ball Field 1

Instructor: San Diego Sports Camp

Age: 3Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
43051	9:00-9:45am	W	Sep 16-Oct 21	6c	\$60/\$70
43053	10:00-10:45am	W	Sep 16-Oct 21	6c	\$60/\$70
43052	9:00-9:45am	W	Nov 4-Dec 16	6c	\$60/\$70
43054	10:00-10:45am	W	Nov 4-Dec 16	6c	\$60/\$70

New! Pee Wee Tennis

Bring the young ones out to learn racket to ball skills. Little rackets, little nets, lots of fun games to start the love of tennis. Each student should bring one, new, unopened can of tennis balls to the first class.

Stagecoach Community Park: Tennis Court 1

Instructor: Mark Keefer

Age: 4Y - 6Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42972	3:00-3:30pm	Tu	Sep 15-Oct 20	6c	\$40/\$50
42973	3:00-3:30pm	Tu	Nov 3-Dec 15	6c	\$40/\$50

Preschool Karate

Beginner

Preschoolers will learn the basic kicks, punches, blocks and stances of Shorin-Ryu style Karate. Karate will help develop motor skills, balance and coordination. This class makes karate fun to learn by using props and preschool learning techniques.

Calavera Hills Community Center: Activity Room

Instructor: Leah Snead

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42822	9:15-10:30am	W	Sep 16-Oct 21	6c	\$65/\$75
42823	9:15-10:30am	W	Nov 4-Dec 16	5c	\$54/\$64

Harding Community Center: Recreation Hall

Instructor: Leah Snead

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42819	10:15-11:00am	M	Sep 14-Oct 19	5c	\$54/\$64
42820	10:15-11:00am	M	Nov 2-Dec 14	6c	\$65/\$75

Stagecoach Community Center: Activity Room

Instructor: Leah Snead

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42824	10:15-11:30am	Th	Sep 17-Oct 22	6c	\$65/\$75
42825	10:15-11:30am	Th	Nov 5-Dec 17	6c	\$65/\$75

Advanced

Teacher Discretion. The instructor will move up beginner preschool karate students into this class. They begin learning stances, combination moves, correct form and technique, and katas. Uniforms are required at this level and can be purchased from the instructor.

Calavera Hills Community Center: Activity Room

Instructor: Leah Snead

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42828	10:45-11:30am	W	Sep 16-Oct 21	6c	\$65/\$75
42829	10:45-11:30am	W	Nov 4-Dec 16	5c	\$54/\$64

Harding Community Center: Recreation Hall

Instructor: Leah Snead

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42826	11:15am-12:00pm	M	Sep 14-Oct 26	6c	\$65/\$75
42827	11:15am-12:00pm	M	Nov 2-Dec 14	6c	\$65/\$75

Stagecoach Community Center: Activity Room

Instructor: Leah Snead

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42830	11:45am-12:30pm	Th	Sep 17-Oct 22	6c	\$65/\$75
42831	11:45am-12:30pm	Th	Nov 5-Dec 17	6c	\$65/\$75

Sing, Sign & Story Time for Preschoolers

Baby's Routine

Parents learn how to sign more than 60 words to motivate early communication with their babies and toddlers. No previous signing experience necessary. Begin with either Session A (Baby's Routine) or Session B (Time for Fun).

Calavera Hills Community Center: Activity Room

Instructor: Lonna Leghart

Age: 1M - 2Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42727	10:00-10:45am	M	Sep 14-Oct 19	5c	\$54/\$64

Out & About

Children practice signing over 100 words, phrases, alphabet, and numbers in a preschool setting. Also develop listening skills and following directions. Previous signing experience preferred but not required. Begin with either Session A (Out & About) or Session B (School Time). Parent attendance required.

Calavera Hills Community Center: Activity Room

Instructor: Lonna Leghart

Age: 2Y - 4Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42729	11:00-11:45am	M	Sep 14-Oct 19	5c	\$54/\$64

School Time

Children practice signing over 100 words, phrases, alphabet, and numbers in a preschool setting. Also develop listening skills and following directions. Previous signing experience preferred but not required. Begin with either Session A (Out & About) or Session B (School Time). Parent attendance required.

Calavera Hills Community Center: Activity Room

Instructor: Lonna Leghart

Age: 2Y - 4Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42730	11:00-11:45am	M	Nov 2-Dec 14	6c	\$65/\$75

Time for Fun

Parents learn how to sign more than 60 words to motivate early communication with their babies and toddlers. No previous signing experience necessary. Begin with either Session A (Baby's Routine) or Session B (Time for Fun).

Calavera Hills Community Center: Activity Room

Instructor: Lonna Leghart

Age: 1M - 2Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42728	10:00-10:45am	M	Nov 2-Dec 14	6c	\$65/\$75

Strangers and Safety for Preschoolers

This workshop is designed to teach preschool age children what to do when they encounter a stranger and what they should do if they get lost and how to find help.

Calavera Hills Community Center: Activity Room

Instructor: Leah Snead

Age: 2Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42846	10:30-11:30am	Sa	Sep 26	1c	\$15/\$25

Waddler's & Me

This class is for children who are crawling, scooting, waddling, and are ready to explore the world through games, music, finger plays and assorted creative toys. Together we will engage children to encourage development of social, language, physical, emotional, cognitive and self help skills. \$15 materials fee due to instructor the first day of class.

Calavera Hills Community Center: Gymnasium, Court 2

Instructor: Marla Elliott

Age: 6M - 2Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
42495	9:30-10:30am	Th	Sep 17-Oct 22	6c	\$60/\$70
42496	9:30-10:30am	Th	Nov 5-Dec 17	6c	\$60/\$70

Preschool Power of Drawing

There's more than drawing happening here! Young Rembrandts helps develop fine motor skills, patience, attention to detail, handwriting readiness and much more! Your budding artist will learn about art in a fun, encouraging environment, as they prepare for future success in the elementary classroom. New lessons each session.

Calavera Hills Community Center: Meeting Room 1

Instructor: Young Rembrandts

Age: 3 ½ Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
43062	3:30-4:15pm	F	Sep 18-Oct 23	6c	\$69/\$79

New! Parent & Me Drawing Together

Parents, join your child in this exciting drawing class! We'll learn basic drawing skills and each week, each student will complete their own, individual drawing – from monsters, to sailboats to fish! Explore The Power of Drawing together! One Parent per child.

Calavera Hills Community Center: Meeting Room

Instructor: Young Rembrandts

Age: 3 ½ Y - 5Y

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
43064	3:30-4:15pm	F	Nov 6-Dec 18	6c	\$69/\$79

Coming to a Neighborhood Near You— Your Parks & Recreation Commission!

Your Parks and Recreation Commission is interested in your ideas and suggestions — **come to a meeting** near you to hear about topics related to your neighborhood.

2009 Parks and Recreation Commission Meeting Schedule

August 17

Carlsbad Water Recycling Facility
6220 Avenida Encinas

October 19

Calavera Hills Community Center
2997 Glasgow Drive

September 21

Stagecoach Community Center
3420 Camino de los Coches

November 16

Carlsbad Senior Center
799 Pine Street



For more information, visit www.carlsbadca.gov/recreation, or call (760) 434-2826.

Looking forward to getting to know you better!

